FIRST THINGS FIRST Family Guide

Gila Region

First Things First supports early childhood programs in Arizona through grants to community organizations that provide services—at no cost—for young children from birth to age 5 (before kindergarten) and their families.

The Gila Region includes Globe, Payson, Miami, Hayden/Winkelman, Pine/Strawberry, Tonto Basin, Young, and a number of rural unincorporated communities.



GET THIS INFO ONLINE:

FirstThingsFirst.org / Find-Programs





Parenting

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

Parenting Activities

Participate in family-friendly workshops, classes, story times and other events to have fun with your child, learn more about child development, positive parenting, health and literacy, and meet other parents.

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Elaine Votruba | (928) 402-8768 evotruba@gilacountyaz.gov

Parenting Education

Attend a series of group classes proven to increase your understanding of child development and improve your parenting skills.

Active Parenting: First Five Years Arizona Youth Partnership Charlene Becker | (928) 425-9276

charlene@azyp.org

Early Literacy Program and

Gila County Library District

Dolly Parton Imagination Library



Child Health and Development

All children develop differently, but it helps to know if they're meeting typical milestones or could use extra assistance, and many medical and dental problems can be prevented.

Developmental and Sensory Screening

Have your child checked for vision, hearing or developmental concerns (including communication, social-emotional, problem-solving and motor skills) and, if needed, get a referral for further evaluation or support.

Developmental and Sensory Screening University of Arizona Cooperative Extension, Gila County

Chrisann Dawson | (928) 595-0655 dawson1@email.arizona.edu



Quality Child Care and Preschool

Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.



Learn more and find programs near you at: FirstThingsFirst.org



Birth to Five Helpline

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child's feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.



Southwest Human Development 1-877-705-KIDS (5437) birthtofivehelpline.org

LEARN MORE

For more information about how First Things First supports the healthy development and learning of young children in our community, visit us at FirstThingsFirst.org/Regions/Gila or call 928.425.8172.





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Space may be limited and eligibility requirements may apply. While this listing only includes programs funded by First Things First, many of them can connect you with additional services that might be right for you.

In accordance with the Americans with Disabilities Act, First Things First (FTF) will not discriminate on the basis of disability in its services, programs or activities. Qualified individuals with disabilities may request auxiliary aids and services to make information and communications accessible as well as request reasonable modifications to policies and programs so that they can participate equally in FTFs services, programs and activities. For assistance, contact FTF at (602) 771-5057. This document was last modified 12/12/2023.

SCAN OR CODE TO FIND PROGRAMS IN YOUR AREA

