# ## FIRST THINGS FIRST Hualapai Tribe Region 2020 Impact Report







From birth to age 5, a child's brain grows more than any other time in life.



### 90% of a child's brain growth happens before kindergarten.

### **Early childhood matters.**

First Things First partners with families and communities to help our state's youngest children prepare for kindergarten and beyond.

Many young children in Arizona face challenges that threaten their healthy development and learning. In the FTF Hualapai Tribe Region, there are **197 children** (under age 6) with **49% living in poverty**.

Here is how FTF is working to support young children and their families in this region.

The FTF Hualapai
Tribe Regional
Partnership Council
invests in providing
support and guidance
to parents to learn



positive parenting practices that set the foundation of lifelong learning behavior and health for our Hualapai children to be successful."

#### **Pearl Sullivan**

Chair of FTF Hualapai Tribe Regional Partnership Council

## FTF Hualapai Tribe Regional Key Impact Highlights [Fiscal Year 2020]



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Families with young children participated in voluntary home visiting programs proven to reduce parental stress levels, increase connections to community supports, and improve children's cognitive, motor, behavioral and social-emotional development.



#### **Quality Preschool and Child Care**

50

Children attended preschools and child care programs participating in Quality First Redesign.



#### **Preventive Health**

22

Children monitored to receive appropriate screenings to detect vision, hearing and developmental issues to prevent learning challenges later on.

Additional Strategies

6

**Early childhood educators** 

received college scholarships to improve their skills in working with infants, toddlers and preschoolers.



The First Things First
Hualapai Tribe Regional
Partnership Council funds
the program to strengthen
families by providing a
trained parent educator
who makes in-home visits
and offers personalized
support for pregnant and
parenting families with
children birth to age 5

# Home visitation program provides support to Peach Springs boy with developmental milestones

Rochone Quasula was a first-time mom living in Peach Springs and feeling nervous about parenting her infant son, Titus.

She heard about the Hualapai home visitation program and connected to parent educator Carmella Fuentes who helped her to feel more confident as a parent.

The First Things First Hualapai Tribe Regional Partnership Council funds the program to strengthen families by providing a trained parent educator who makes in-home visits and offers personalized support for pregnant and parenting families with children birth to age 5, not yet enrolled in kindergarten. Services are at no charge to the families, who voluntary participate, and use the program on average of two years or until their child enrolls in kindergarten.

Fuentes taught Quasula about developmental milestones at different ages and what behaviors to expect. She also showed Quasala how as a parent she could support Titus' development through activities. Quasula also learned about early literacy and started introducing Titus to books by reading to him while he lay in her lap.

In addition to receiving parenting tips and early development education, the home visitation program also provides developmental screenings to prevent and address any issues that might prevent a child from doing well in kindergarten and life.

Parent educators conduct developmental screenings to all participating children at regular intervals. A minimum of one screening per year, after the child reaches 2 months of age, is required by the program. In addition to providing developmental screenings, parent educators provide vision and hearing screenings to children.

The Ages and Stages Questionnaire screening tool is used to assess a child's development in three areas, including physical, intellectual and social-emotional. Many times, after reviewing the results, Fuentes introduces activities to support learning. For example, she might design an activity to challenge motor skills, if that's an area that a child needs help.

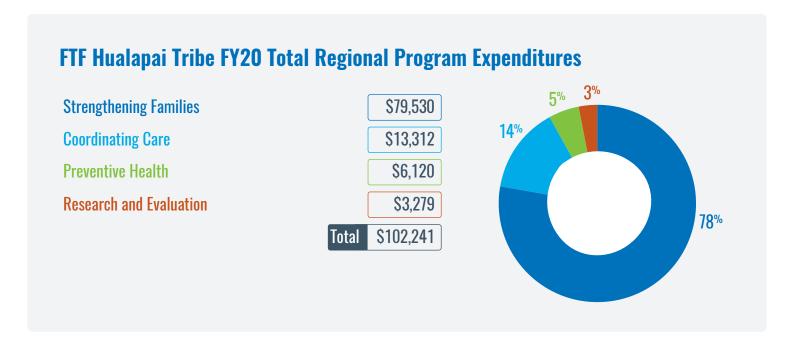
Because of the Hualapai home visitation program, Quasula learned to better care for her child and felt supported as a parent. Now, she is open to using services and resources to help Titus reach his milestones and be ready to succeed in kindergarten.



#### FTF Hualapai Tribe Regional Partnership Council

The FTF Hualapai Tribe Regional Partnership Council is made up of volunteers who study the unique needs of the local community and decide how funds should be used to best support the healthy development and early learning of young children birth to age 5. FTF invests in proven

programs and innovative strategies through grants to community organizations that provide services to children and families. Some of the programs in this region include Hualapai Home Visitation, Read On Hualapai and Service Coordination.



#### FTF Hualapai Tribe Regional Partnership Council and Staff

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The boundaries of the **FTF Hualapai Tribe Region** are the same as those of the Hualapai Indian Reservation. Although the reservation includes lands in Coconino and Yavapai counties, most of the population live in or near Peach Springs in Mohave County. Separate pieces of the reservation lie to the south of Peach Springs, near Valentine and Wikieup. The FTF Hualapai Tribe Region includes Legislative District 7. (Legislative districts are not necessarily congruent with regional boundaries.)

Learn more at

FirstThingsFirst.org/Regions/Hualapai-Tribe