

First Things First supports early childhood programs in Arizona through grants to community organizations that provide services—at no cost—for young children from birth to age 5 (before kindergarten) and their families.

The region has the same boundaries as the Salt River Reservation and covers about 85 square miles, entirely within Maricopa County, bordering the cities of Scottsdale, Tempe, Mesa and Fountain Hills.



GET THIS INFO ONLINE:

[FirstThingsFirst.org / Find-Programs](https://FirstThingsFirst.org/Find-Programs)



## Parenting

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

### Parenting Activities

Participate in family-friendly workshops, classes, story times and other events to have fun with your child, learn more about child development, positive parenting, health and literacy, and meet other parents.

**Salt River Pima-Maricopa Indian Community,  
Education Department**  
(480) 362-2500

### Parenting Education

Attend a series of group classes proven to increase your understanding of child development and improve your parenting skills.

**Triple P - Positive Parenting Program  
University of Arizona Cooperative Extension**  
Evelyn Whitmer | (520) 626-72171  
emarkee@ag.arizona.edu

### Community Based Language and Literacy

Gives parents and families of young children the opportunity to participate in language and literacy workshops at community locations, such as libraries, schools or housing complexes. The workshops may be one-time, one-day events or may be ongoing, but they all include opportunities for parents to learn about early language and literacy in a group setting.

**Reach Out and Read  
Arizona Chapter of the American Academy of  
Pediatrics**  
(480) 278-7742



## Quality Child Care and Preschool

### Summer Transition to Kindergarten

Helps children who may not have had any preschool experiences and their families to prepare for the transition to kindergarten.

**Salt River Pima-Maricopa Indian Community,  
Education Department**  
Chris McIntier | (480) 362-2522  
chris.mcintier@saltriversschools.org



## Birth to Five Helpline

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child's feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.



**Southwest Human Development**  
1-877-705-KIDS (5437)  
birthtofivehelpline.org

## LEARN MORE

For more information about how First Things First supports the healthy development and learning of young children in our community, visit us at [FirstThingsFirst.org/Regions/Salt-River-Pima-Maricopa-Indian-Community](https://FirstThingsFirst.org/Regions/Salt-River-Pima-Maricopa-Indian-Community) or call **602.771.4982**.

# FIRST THINGS FIRST 

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*Space may be limited and eligibility requirements may apply. While this listing only includes programs funded by First Things First, many of them can connect you with additional services that might be right for you.*

*In accordance with the Americans with Disabilities Act, First Things First (FTF) will not discriminate on the basis of disability in its services, programs or activities. Qualified individuals with disabilities may request auxiliary aids and services to make information and communications accessible as well as request reasonable modifications to policies and programs so that they can participate equally in FTF's services, programs and activities. For assistance, contact FTF at (602) 771-5057. This document was last modified 12/19/2023.*

**SCAN QR CODE  
TO FIND PROGRAMS  
IN YOUR AREA**

